

**Club Information**

Rotary Club of San Fernando (LU), Inc.  
 District 3790  
 Club No. 16918  
 Chartered: November 25, 1959

Sponsor:  
 Rotary Club Dagupan  
 Club Email: rotarylu@sflu.com  
 Telephone #: 072-700-2468

**Message of RI President Bhichai Rattakul**  
 at the Rotary Zone Institute Manila 2002, Oct. 25, 2002

*continuation...*

We should be proud of all we have achieved through PolioPlus, but the fact is we have not finished the job. It is no coincidence that the poliovirus persists in the poorest parts of the world... countries with high rates of poverty, illiteracy and hunger. In places where fragile governments cannot assist us and health infrastructure is nonexistent, fighting the poliovirus is costly. Unless we defeat polio in these countries, we will lose everything we have gained so far.

We must remember that we are not alone. Up to \$25 million of the contributions to this campaign will be matched by the Bill & Melinda Gates Foundation. The combined \$50 million in funds from The Rotary Foundation and the Gates Foundation will allow the World Bank to lend a maximum of \$125 million to certain polio-endemic countries for the purchase of oral polio vaccine. These organizations, along with the World Health Organization, the United Nations Children Fund and the U.S. Centers for Disease Control and Prevention, are as committed to this effort as we are. We must not let them down.

I always think it is important to remember that PolioPlus began with a local effort to immunize children in the Philippines. That first effort, which began with just a handful of Rotary clubs responding to a need in their communities, was a seed of love that grew far beyond anyone's initial expectations.

Another seed of love that had remarkably grown was the Lighthouse Literacy project. The first of these projects began when Rotary clubs in Australia and Thailand worked together to fight literacy in the rural provinces of Thailand. They used an Australian teaching method – the Concentrated Language Encounter – and adapted the method to the Thai Culture. The initial pilot was wildly successful rippling through four rural Thai communities as the students rapidly learned to read and write and then taught their parents. The program was adopted nationally when the Thai Ministry of Education incorporated it into the National Economic and Social Development program.

**TEST** (Ten Exercises for Students of Trivia)

- |                    |         |
|--------------------|---------|
| Answers last issue | 6.False |
| 1.True             | 7.False |
| 2.True             | 8.True  |
| 3.False            | 9.False |
| 4.False            | 10.True |
| 5.True             |         |

**PROGRAMME**

*Centerstage*

Call to Order **Pres. Rex Mendoza**  
 Invocation &  
 Four Way Test **Fr. Rodel Arellano**  
 National Anthem **Dir. Ernie Galera**

**Luncheon**

Welcome and Greetings **Dir. Alan Sy**

**Birthday Celebrants:**

- Frederick So - December 11
- PP Bob Kaiser - December 14
- Yoly Peralta - December 14
- Jei Gaerlan - December 14
- Dir. Ernie Galera - December 17
- Nancy Dy - December 25
- Joseph Barrozo - December 25
- Mel Tana - December 26
- Edward Dy - December 26
- PDG Ces Mendoza - December 31

**Wedding Anniversaries:**

- PP Marc & Susan Prieto - Dec. 11
- PP Ferdinand & Myla Fernandez - Dec. 18
- PP Billy & Edna Teninty - Dec. 19
- Tante & Arlene Licudine - Dec. 20
- Romy & Becky De Castro - Dec. 29

Club Singing **Dir. Jun Tio**  
 Friendship Session **VP Rey Nisce**  
 President's Time **Pres. Rex Mendoza**  
 Election of Board of Directors  
 RY 2003-2004 **PP Rudy Yabes**  
**PP Marc Prieto**  
**PP Ben Ang**

Announcement of Elected  
 Board of Directors RY 2003-2004  
 Adjournment **Pres. Rex Mendoza**  
 Day Chairman & Master of Ceremonies  
**Sec. Reggie Chan**



**President Rex Mendoza**



**Dir. Jerry Parlan**



**VP Rey Nisce**

*Club Service*



**Dir. Alan Sy**  
*Community Service*



**Dir. Jun Tio**  
*Youth Service*



**Dir. Ernie Galera**  
*Vocational Service*



**Dir. Arnold Ignacio**  
*International Service*



**IPP Richard Dy**  
*Ex-Officio*

# JAGed

Editor Jerome Gaerlan

## CLUB(S)ELECTIONS

What is the best way for us to choose our leaders? Whether we are talking about small groups or entire countries, this question has been with us for thousands of years but has remained relevant. Early man was a 'hunter-gatherer'. He banded with others to form groups because numbers provided security against bigger animals. These groups, of course, had leaders and most of the time they were not chosen. They imposed leadership on the group by superior strength. They had beaten other 'aspirants' in actual combat. The 'leader' then got to have his pick, whether it was food or mating partner. Others fell in line & respected his prerogative, due to fear. This went on until someone younger and stronger came along. So these early groups were 'dictatorships', with authority obtained and maintained by force. However, these groups can also be called 'meritocracies', with authority going to the 'most deserving' by virtue of the fact that he possessed the quality most needed by the group for survival. At that time, 'cunning in battle' was what was needed. Now it is intellect, ability to inspire others, etc. Still, it is a 'meritocracy' that we need.

There was a time when leadership became the 'birth right' of certain families. This began when man was already in the 'agricultural' phase. In this phase, man had already learned to 'work the fields', cultivate crops and raise animals for food. This allowed human societies to support larger populations and to remain stationary. Success in agricultural depends a lot on the weather, which was beyond human control. So our forefathers probably assumed that weather and climactic changes were under the control of supernatural 'deities', who played favorites. Someone who was the leader during a period of 'favorable' weather can then claim he and his family were the 'choice' of the 'gods'. So after he was too old to lead, this justified passing the mantle of leadership to one of his children. This led to 'monarchies' and 'dynasties'. There were some good kings and emperors, but a lot of them

were 'mad'. It is well known that genetic 'inbreeding' which royalty practiced to keep power within the family often led to insanity. Examples of these were the Roman Emperor, Caligula, who appointed his horse as 'consul' and the Romanian ruler, 'Vlad the Impaler'- the original Dracula, who had a garden 'decorated' with rotting bodies of people impaled on long wooden spikes. If a monarch wasn't crazy, he often was abusive. King Henry VIII has his wives' heads lopped off on whim. Absolute power corrupts absolutely. Haughty Queen Marie Antoinette, learning that her people had no bread to eat, suggested that they eat cake! So came the 'French Revolution', the 'Russian Revolution', etc., which toppled the 'blue-blooded blights'. Now the remaining kings are just 'ceremonial'.

Presently leadership by force and inheritance has been replaced in most parts by 'democratic leadership', the hallmark of which is 'elections'. The majority in a group chooses the leader(s) either directly or indirectly. In our country we practice direct elections, from the 'barangay' to the national level. In other countries, national elections are indirect, with the population electing representatives who then choose the country's head. We have the Electoral College in the USA and Parliaments in other countries. District and International Rotary elections are also indirect. At Club level it is a combination of both. The whole body elects the Board of Directors, who then elect among themselves the President and other officers. Admittedly, the Council of Past Presidents plays an advisory role, which lead others to say we really don't have an 'election' but a 'selection'. However, nobody is forced to vote for anyone. Besides, our Club has consistently ranked high in performance, which means we now have a 'meritocracy' in place. So, good luck to those who get elected! Beyond the counting of votes, I wish to remind all that what counts most for the success of Clubs and Countries is the support of its members. To paraphrase JFK, "Ask not what your Club can do for you. Ask what you can do for your Club!"

# roTAWA

Dir. Alan D. Sy

## POLITICS OF SCREWING

\* In an American school, a new student named Suzuki, son of a Japanese businessman, entered 5th grade. The teacher said, "let's begin by reviewing some American history. Who said, "give me Liberty, or give me Death?" She saw a sea of blank faces except for Suzuki. "Patrick Henry, 1775," he said. "Very good!" The teacher complimented the new student and then proceeded to ask the next question. "Who said, a government of the people, by the people, for the people, shall not perish from the earth?" Again, no response except from Suzuki: "Abraham Lincoln, 1863." The teacher scolded the class, "Class, you should be ashamed. Suzuki, who is new to our country, knows more about its history than you do." She then heard a loud whisper, "screw those damn Japs." "Who said that?" She demanded. Suzuki put his hand up. "General MacArthur, 1942." At that point, a student in the back said, "I'm gonna puke." The teacher glares and asks, "all right! Now, who said that?" Again, Suzuki says, "George Bush to the Japanese Prime Minister, 1991." Now furious, another student yells, "Oh, yeah! Suck this!" Suzuki jumps out of his chair waving his hand and shouts to the teacher, "Bill Clinton to Monica Lewinsky, 1997!"

*contributed by Dir Jerry Parlan*

\* A little girl goes to her dad and asks, "what is politics?" Dad says, "well, let me try to explain it this way: I'm the breadwinner of the family, so let's call me CAPITALISM, your mom-she's the administrator of the money, so we'll call her GOVERNMENT. We're here to take care of your needs, so we'll call you THE PEOPLE. Your 'Yaya', we'll consider her the WORKING CLASS. And your baby brother, we'll call him THE FUTURE. Now, think about that and see if it makes sense." The daughter goes off to bed thinking about what dad had said. Later, she hears her baby brother crying, so she gets up to check on him. She finds that the baby had severely soiled his diaper. So the little daughter goes to her parents' room and finds her mom sound asleep. She then goes to her 'Yaya's' room and finding it locked peeked through the keyhole and sees her dad in bed with her 'Yaya'. She's gives up and goes back to sleep. Next morning, the little girl says to her dad, "I think I understand politics now." The father says, "very good. Explain to me in your own words what politics is." The girl replies, "well, while CAPITALISM is screwing the WORKING CLASS, the GOVERNMENT is sound asleep, THE PEOPLE are being ignored and THE FUTURE is in deep shit!"

## COPE (Crosswords & Other Puzzles for Enthusiasts)

PD Tim Warden

W O W F Y E K R O W  
G R O U P A V G Q T  
Y O W J B H P R J A  
D C O M I T T E E B  
I H L E P Q D U E S  
T A L E W B Z L O N  
X I E T A B L E M M  
W R F I Q C U V E J  
A B A N N E R L N I  
T A E G A V E L C B

group	banner	fellow	club
men	meeting	food	table
serve	bell	pay	chair
work	gavel	eat	dues
committee			

## TIPS (Tidbits, Information & Practical Suggestions)

Dir. Jerry Parlan

### TOP WAYS FOR BETTER HEALTH AND BETTER DAYS AT WORK

Everyone talks about work becoming more stressful, but no one does anything about it! You can't control your boss or the budget or the world economy, but you can make smart choices about how you handle your day.

1. In The Morning, Limit Caffeine To One Cup. Or better yet, switch to herbal teas!
2. Use Up-Beat Music And Humor To Get Your Morning Off To A Great Start.
3. Make Sure Your First Appointment Of The Day Is A Great One!
4. At Mid-Morning, Stand Up, Stretch And Move Around, At Least For A Moment.
5. Eat A Light Lunch Of Fruits, Vegetables

And Carbohydrates.

6. Take A Few Minutes During Your Lunch Break To Do Something Totally Different. Read poetry, call an old friend, take a nap, or go for a run.

7. During The Afternoon, Stand Up And Stretch At Least Once Every Hour. Gently arch your back, touch your toes, or touch the ceiling.

8. When Stress And Work Pile Up, Take A Mini-Vacation.

9. Once A Day, Do Something "Extra". Call an old client to check in, thank a colleague for a referral, send a note to a friend. Have fun with this.

10. At The End Of The Day, Clean Off Your Desk, And Straighten Up The Office.

## TEST (Ten Exercises for Students of Trivia)

Rotarian Ruel T. Tana

### Miscellaneous Firearm Trivia



This is a fairly simple quiz full of miscellaneous questions about guns. Anybody with a basic knowledge of firearms history and design should do fine.

1. What was known as the Allied rifle that "Won the Second World War"?
2. Snipers played a significant role in World War II. What original Allied World War I rifle was used as a sniper rifle?
3. One of the earliest revolvers made by Samuel Colt was the one he collaborated with Captain Samuel Walker to create. The Walker Colt was a massive 6 round piece, and could fire a very sizeable bullet with a heavy powder charge. What caliber was the pistol.
4. In 1907, John Browning developed a semi-automatic pistol in a new .45 caliber, based on his earlier design. The U.S. Armed Forces adopted it for use in what year?
5. The MI Garand was the first semi-automatic rifle to be adopted as the standard infantry arm by the U.S. government. How many rounds are

contained in a standard Garand magazine?

6. The Vietnam War saw the introduction of a new rifle: the M16. Who was the ArmaLite company employee primarily responsible for the development of the gun?

7. The M16 replaced another rifle that saw action in Vietnam, it was based on the M1 Garand, but had a detachable magazine that held more cartridges, and could be modified to fire fully automatic. What was it?

8. In the 1980s, the U.S. Army Military decided they wanted to issue a new, more modern service firearm. What company developed the new pistol eventually adopted to replace the Browning?

9. All modern firearms have "rifled" barrels, meaning the barrel has cuts inside it in a spiral shape, imparting spin to the bullet as it travels. What is the purpose of rifling?

10. The Glock lines of semi-automatic handguns are available in a range of sizes and calibers. Glocks are interesting in that they have no external hammer, just an internal striker that impacts the firing pin when the trigger is squeezed. In what country are Glocks made?

Answers on next issue

## C.P.R. (Club Pass & Review)

Rtn. Edward Gaerlan

The Pro-Active Team gave us another unforgettable afternoon. After Pres. Rex rang the bell, Rtn. Harvey led the Invocation, 4 Way Test and National Anthem. Although attendance was quite poor and momentum was a bit slow in the beginning of the program, excitement gradually grew as we approached the middle part when PP Cres called PP Jerome to do the Welcome and Greetings, Club Singing and Friendship Session. There was obviously a shortage of manpower here but PP Jerome, the Team Leader, gave two convincing excuses to explain why. First, their team was leading as far as the contest is concerned. And in this particular meeting they wouldn't aim at a score too high so that other teams could catch up. Second, there was apparently a Sore Eyes epidemic as evidenced by a large number of Rotarians wearing shades the past Tuesday night (Men in Black Anniversary dance number). Speaking of the recently concluded Anniversary, PP Aldy

was finally and formally acknowledged with the Lifetime Achievement Award which he missed to receive on the said special event. He explained that his absence that evening was not to belittle the award, more so the club's efforts in preparing it. He was surprised about it and it was too late for him to cancel an important appointment in Manila. However, he gave his wholehearted thanks and wished to express his gratitude by donating P100,000 to the Rotary Service Center in honor of his wife, Ann Rosita. Following this, we sang "One Little Candle", Pres. Rex's Induction theme song, with a candle ceremony to make it meaningful. Friendship Session followed and questions were all about famous people who acquired AIDS. Pres. Rex in his Time congratulated and thanked PP Aldy and not to mention everyone who made the Anniversary a success. Reaching the highlight of the meeting, Rtn. Raymond introduced our Guest of Honor and Speaker who also happens to be his friend, Dr. Goody Rilloraza. He spoke about HIV and AIDS and shared with us his vision to spread awareness and information on prevention and control of HIV/AIDS. The interesting topic resulted to a lengthy open forum. PP Dan gave an appropriate response to appreciate the Guest. Time flies quickly. The Pro-Active Team usually goes overtime. I guess this is what happens when the topic is SEX.

## WE CARE

(Weekly Cartoon Editorial)  
Sec Reggie Chan

EXERCISE



Your Right to VOTE

-Little Deming ...

**E-QUIP** (Quotes from the Internet)

Sec. Reggie C. Chan

*"The measure of our love is the measure of our sacrifice."*

-Anonymous

# Club PulFILMent

## MEN IN BLACK with their Anns



- editor

# Prex

## PRESIDENTS' CORNER President Rex O. Mendoza, Jr.

It was two years ago, the 2<sup>nd</sup> Tuesday of December, when I was elected as President. IPP Richard called by phone and broke the GOOD news. I was still connected with the Red Cross then and during that time, we were visiting a 100 years old church in Sta. Cruz, Laguna. I always believe then and up to now, Rotary Presidency is a DIVINE PROVINCE. Why? Experience it yourselves. But most of all I realize, GOD will train you to become a MAN for YOURSELF, a MAN for OTHERS and a MAN for GOD !

Today will be a part of another Rotary history. We will elect the new set of Directors and the Centennial President of the Club. Tough! Well good luck to everybody not only to those who will be elected but also to all the members because the Club constitute the general membership and not the President and the Directors only.

Thinking of sharing anything for the month, please consider the following:

- 100 Balloons for SPED Center on December 19, 2002
- Toys for the Disabled children in Aringay on December 19, 2002, and Parian on December 14, 2002
- Noodles and old clothes for the Indigent Families of Bauang. We are giving 1200 family packs on December 13, 2002
- Sandwiches and Juices for the children of Balaoan on December 20, 2002
- Toys for 250 children on December 26, our Christmas Movie gift to special kids at Eso Nice

Before considering a festival this Christmas and New Year, please do consider a slice of anything for others, the true essence of the season and being a Rotarian. Welcome to Heaven!

### FINANCIAL STATEMENT AS OF NOVEMBER 30, 2002

CASH IN BANK AS OF NOVEMBER 01, 2002	P	63,561.56
<b>RECEIPTS:</b>		
Anniversary	P	19,800.00
Annual dues		13,500.00
Induction fee		2,500.00
Fines		2,100.00
Donation Medical Mission		1,500.00
Subs. To Philippine Rotary magazine		980.00
Admission fee		700.00
		<u>41,080.00</u>
<b>TOTAL RECEIPTS</b>	<b>P</b>	<b>104,641.56</b>
<b>DISBURSEMENTS:</b>		
Anniversary expense (lechon baka, leadership award gift to speaker, postage, partial payment of meals)		30,285.00
Fund raising		25,000.00
Project expense (feeding program, medical/dental Rota-Brain, fellowship night)		16,479.20
Sec. Aide's salary		6,500.00
Meals of sec. aide & special guests		4,892.50
Office expense		4,951.48
Gold Leaf		2,374.00
Certificate to guest speakers		1,080.00
SSS, ECC contribution (Oct-Dec. 2002)		789.90
		92,352.08
<b>CASH IN BANK AS OF NOVEMBER 29, 2002</b>	<b>P</b>	<b>12,289.48</b>