

Club Information

Rotary Club of San Fernando (LU), Inc.
District 3790
Club No. 16918
Chartered: November 25, 1959

Sponsor:
Rotary Club Dagupan
Club Email: rotarylu@sflu.com
Telephone #: 072-700-2468

43rd Anniversary Celebration of RCSFLU, INC,

Date :November 26, 2002 (Tuesday)
Guest Speaker :RI Director-Nominee Jocelyn "JocJoc" I. Bolante
Venue :Ilocandia Hall of Oasis Country Resort
Time :6:00 P.M.
Attire :Anything Black

WORKING COMMITTEES

Chairman :VP Rey Nisce
Vice-Chairman :Rtn. Edward Gaerlan
1. Food/Venue :Dir. Alan Sy/Dir. Jun Tio
2. Physical Arrangement :Rtn. Frederick So/PP Ferdinand Fernandez
3. Invitation :IPP Richard Dy
4. Program :Dir. Jerry Parlan
5. Guest Speaker :Pres. Rex Mendoza
6. Awards :Rtn. Edward Gaerlan
7. Entertainment :Officers and Directors
8. Registration/Reception :Rtn. Ming Yan Jao
9. Finance :Treas. Romy Chan

MOTIF:

Mother-Daughter: to honor the Mother club and daughter clubs of RCSFU
Rotarian in Black

COMMITTEE ON LIFETIME ACHIEVEMENT AWARD

Chairman Pres. Rex Mendoza
Co-Chair Rtn. Edward Gaerlan
Honorary Chair PDG Ces Mendoza/PP Dan Bolong
Members VP Rey Nisce
IPP Richard Dy
Dir. Jerry Parlan
Dir. Alan Sy
Dir. Jun Tio

NIGHT CHAIRMEN

Dir. Arnold Ignacio and A/Sec. Mike Paderon
(Must have shades like MIB)

PROGRAMME

Call to Order **Pres. Rex Mendoza**
Invocation &
Four Way Test **Wynie Manansala**
National Anthem **Ronald Dy**

Luncheon

Welcome and
Greetings **PP Kit Purugganan**
Birthday Celebrants:
Terry Bugarin - October 13
Evelyn Sibayan - October 14
PP Ives Nisce - October 15
Lina Fernandez - October 19

Wedding Anniversaries:

Treas. Romy & Hailey Chan - October 18

Club Singing **PP Ferdinand Fernandez**
Friendship Session **Frederick So**
President's Time **Pres. Rex Mendoza**
Introduction of the Guest of
Honor & Speaker **IPP Richard Dy**
Address

PP John Paul S. Cadaing

District Chairman

Committee on Fellowship and Recreation

Response **PP Kit Purugganan**
Awarding of Plaque
of Appreciation **Pres. Rex Mendoza**
Sec. Reggie Chan
Adjournment **Pres. Rex Mendoza**
Day Chairman & Master of Ceremonies
Frederick So

Centerstage

Name: **John Paul S. Cadaing**
Address: # 92 M. H. del Pilar St. Tarlac City
Date & Place of Birth: October 10, 1962,
Pasay City
Occupation: Dentist
Married with 2 children

Educational Attainment:

College: National University (Pre-Dental 1981)
Centro Escolar University (Doctor of
Dental Medicine 1985)
Professional Regulatory Commission: Passed
1985 (Board of Dentistry)

Post Graduate Courses:

1986-87 –Lightwire Technique (Orthodontics)
1987-88 – Fixed Partial and Complete Prosthodontics Training
1988-89 –Biological Basis for Orthodontic Treatment
1989-90 –Prosthodontic Training (Hongkong)
1993-94 –Leadership and management training course (Unilab)
- Asian Pacific Dental Congress (Hongkong)

Rotary International

1986 –Member, Rotary Club of Midtown Tarlac
1995-1996 –President, RC of Midtown Tarlac (Awards in International & Vocational Service)
1996-97 – Paul Harris Fellow
Held various club and district positions.

**OCTOBER is Vocational
Service Month**

JAGed

Editor Jerome Gaerlan

ROTARY VILLAGE OR COMMUNITY CORPS

October is the month that our District holds its RVC or Rotary Village Corps Seminar. For those of you who are new in Rotary, RVC is a Filipino invention. It was first proposed in 1985 by then RI President-Elect MAT Caparas, who holds the distinction of being the only Filipino to date, to serve as President of Rotary International. A year later, in 1986, the proposal was approved by the International Assembly of Rotary. I leave the rest of the story for PVP Frank Buenaventura to discuss in his R2D2 column. Suffice it to say that the RVC idea caught fire and circled the globe, acting as engine of development for the remotest corners of our planet.

I really believe that the RVC concept is an inspired one. Rotary has the reputation of being an exclusive club composed of monied businessmen and professionals. This is true to some extent, as the dues and assessments required of members are close to prohibitive. This is why you do not see ordinary farmers and fisherfolk as members of Rotary. Through the magic of RVC, those belonging to the less privileged socio-economic sectors may now partake of the 'Rotary Spirit'. They may organize themselves under the aegis of a Rotary Club and undertake projects to better their communities. Just like Rotary Clubs, they may ask for grants from RI to help them in these projects. The RVC idea empowers people and does not foster on them a 'dole-out' mentality. As the wise proverb goes, "give a man fish and you feed him for a day but teach him how to fish and you feed him for a lifetime." The RVC idea adopts the 'cooperative' set-up to a Rotary framework. In fact, a lot of RVC's are also 'cooperatives' receiving incentives from both Rotary & LGU's.

Rotary Village Corps have been a source of pride for our Club for many years now. The first RVC organized in the world was set up in barangay Namtutan, L.U. The sponsoring Club is none other than the Rotary Club of SFU, Inc. This RVC is still 'alive and kicking' and just lately a recipient of the pig-dispersal project revived by IPP Richard Dy during his term. The pig-dispersal project is an off-shoot of the RI-

funded Livelihood project initiated by PP Dan Bolong during his term in 1970-71, which won the RI 'Significant Achievement Award'. The project, initially for cattle was based in a cooperative put up in Bal-lay Bauang. The cooperative is now an RVC and there hogs are raised for distribution to beneficiaries of our Club.

In RY 1999-2000, the term of PP Fernandez, the RVC of Calabugao was set up spurring development in that barangay. A year later Calabugao, largely due to the RVC, was cited for the 'most outstanding performance by a rural barangay' in SFC, L.U. It garnered the same distinction up to the Regional level.

In RY 2000-2001, the term of PP Albert Dy, an RVC was established in the bgy. of Sibuan-Otong, then one of the most depressed barrios of SFC, LU. A multi-purpose store was set-up there and with other projects this turned Sibuan-Otong into one of the most progressive barangays of SFU. At his term's end, Albert received the coveted 'Significant Achievement Award' on behalf of our Club (only one such award per District during a Rotary Year) from RI.

In RY 2001-2002, my term, an RVC, now known as RCC (Rotary Community Corps) was set up in the North Central School, Tanqui, our first one that wasn't bgy-based. The school housed a facility for children with disabilities. Many projects during the year were centered in this School and these accounted for many Dist. Awards we received. We have set up more RVC's but the ones mentioned above are those which remain active. Special mention should be made of the Artesian Well Grants obtained by PDG Ces w/c have made a difference in our RCC's. Finally, we cite current Pres. Rex who has been organizing and motivating our RCC's, through his years as a Rotarian. He is now plans a candle-making project for the North Central RCC. Pres. Rex, & our RCC projects, w/c have brought our Club much honor, deserve full support. If we can't give this, at least we should demonstrate more support than that w/c we showed during the RCC Seminar last Oct.5-only Treas. Romy and PP Canor accompanied Pres. Rex to Pampanga.

Dir. Alan D. Sy

roTAWA

Advice to Doctors – More Patience, More Patients

♦ A 75 year old woman went to the doctor for check up. The doctor told her she needed more activity and recommended sex three times a week. She said to the doctor, "Please, tell my husband." The doctor went out into the waiting room and told the husband that his wife needs to have sex three times a week. The 80 year old husband replied, "Which days?" The doctor answered, "How about Monday, Wednesday and Friday." The husband said, "I can bring her Monday and Wednesday, but on Fridays she'll have to take the bus."

contributed by Pres. Rex Mendoza

♦ Patient: Doctor, as soon as I fall asleep I start

snoring Doctor: Is your snoring very loud? Patient: Yes, very. Doctor: And does it bother your wife? Patient: I am not married. Doctor: So you sleep alone? Then I guess it's not a problem. Patient: Not a problem? I've been fired from five jobs because of it.

♦ "Doctor," Esther begs the psychiatrist, "you've got to help my husband. He thinks he's a racehorse. He wants to live in a stable, he walks on all fours – he even eats hay."

"I'm quite sure I can cure his problem." The shrink replies, "but it will take a long time and be very costly."

"Oh, money's no object," Esther says, "He's already won two races."

contributed by PP Jerome Gaerlan

COPE

PD Tim L. Warden

(Crosswords & Other Puzzles for Enthusiasts)

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community area governor board vocational district president committee
club country director working international region chairman

TIPS

(**T**idbits, **I**nformation & **P**ractical **S**uggestions)

THE ALPHABET OF SUCCESS

A - Avoid burn-out, manage your time, emotions and finances.
B - Beware of the subordinates of associates who make commitments that are not fulfilled, they cannot be depended upon.
C - Celebrate your victories, big or small.
D - Develop your value proposition, an implicit promise of value to anybody you deal with, then deliver on that promise.
E - Enjoy and love your work.
F - Find a need and fill it before others do.
G - Get a mentor.
H - Have a fallback position.
I - Innovate or stagnate.
J - Join winners, not losers.
K - Keep your head high in the clouds but your feet on the ground.

L - Look beyond the classroom.
M - Master the technology of business and the business of technology.
N - Never depend on luck.
O - Overcome the fear of failure.
P - Perception is reality.
Q - Quality does not happen by accident.
R - Reason and intuition must work together.
S - Success is a journey, not a destination.
T - Think lattice, not ladders.
U - Use other brains if yours is not enough.
V - Value your customers, & make them feel it.
W - Watch your back.
X - Xtra mile gives you an extra push.
Y - You are responsible for your own future
Z - Zeal and enthusiasm help create a positive impact.

PP Canor Salvador

TEST

(**T**en **E**xercises for **S**tudents of **T**rivia)

Trivia on Company Logos - It's simple. I will



describe to you the symbol, you tell me the company or the product brand it belongs.

1. The swoosh?
2. The peacock?
3. The Golden Arches?
4. The eye?
5. A fruit with a bite taken out of it?
6. A mountain with stars above its peak?
7. The 'wave'?
8. What look like the Statue of Liberty with stars and a bad crown day?
9. A giraffe head?

10. A silhouette rabbit's head?

Answers next issue

Answers last issue:

1. Blood
2. Cricket
3. Australia
4. Turkey
5. China
6. Human hearts
7. Balloons
8. Smith
9. Spider
10. Pandas

Rotarian Ruel T. Tana

C.P.R. (Club Pass & Review)

Asst. Sec. Mike Paderon

The Eagle Team was on the vanguard of leading the day's program, which happened to be about ROTARY VOLUNTEERISM. IPP Richard Dy stretched his wings as Team Captain and Master of Ceremonies as he made every part of the meeting significant. The flying was smooth Pres Rex made the call to order. Rtn. Bong Ingalla proceeded with the Invocation, the recitation of the Four-Way Test and the singing of the National Anthem, Rtn. Ming Yan Jao delivered his welcome and greetings with so much confidence and zest – soaring high like a true eagle.

The Tres Tenor of the Eagle Team led by PP Chito Nibungco brought us back to memory lane during our Club Singing (using the new Rotary song book courtesy of the Eagle Team! ???) The Friendship Session was executed with ease by PVP Frank Buenaventura. His questions were mainly directed to our Balikbayan delegates from Mainland China.

If lunch made us all feel bursting, President's Time was more filling. Once again our

working President Rex presented his litany of activities and projects for the month of October encouraging each member to be a part in "Sowing the Seeds of Love" in La Union.

It was pleasant to witness our newly inducted Rtn. John Kutz being charged by the Eagle Team to continue directing the flight as he introduced the Guest of Honor and Speaker.

It was a new and enlightening sharing for us from our Guest of Honor and Speaker PP Caloy F. Mendoza of Rotary Club of Baguio. He spoke with so much sincerity on Rotary Volunteerism worldwide. He encouraged the group to consider taking part in this call to service as there are many comers around the world awaiting our time and help.

PD Team Warden's response was also sincere.

The flight was finally over. Pres. Rex Mendoza called it a day.

e-QUIP

(Quotes from the Internet)

Sec. Reggie C. Chan

"Do not protect yourself by a fence, but rather by your friends."

- Czech Proverbs



Club FulFILMent

Leadership & Team Building Exercises for the Youth sponsored by our club.



- editor

Prex

PRESIDENTS' CORNER
President Rex O. Mendoza, Jr.

To our Guest Rotarian, aspiring to be the most handsome and the most sought-after Rotarian for RY 2004-2005, the Rotary Centennial Year, PP JP Cadaing, welcome to our Club.

One thing I learned last week, Rotarians are afraid to talk! I campaigned for speakers for the different Career Guidance projects we have scheduled for this month and what I got was - 'we are not ready for it'. It's easier to invite Past Presidents, for sure their President's Time during their year gave them the confidence and training they need.

I will campaign that in order to train Rotarians to have the guts to speak before a crowd, we have to elect them as President. Rotarians are creative professionals and have the capability to be good speakers; its just that at the mo-

ment they lack exposure.

So, Rotarians who are not ready to talk, for sure your election as President will give you the confidence to speak before a crowd. I will campaign for your election!

May we also invite you to the different projects of the Club for this week:

- ◆ October 16 at 10:00 AM Career Guidance at LUNHS
 - ◆ October 17 at 7:30 AM, tree planting and visit to water project at Palugsi, Bauang
 - ◆ October 18 at 7:00 AM, Voice of the Youth Contest in Olongapo
 - ◆ October 20 at 7:30 AM, Medical and Dental Mission at Sta. Rita, Agoo, La Union
- We are counting on You!!!

R2 D2

(Review of Rotary Details & Dynamics)

Rotary Village Corps (RVC)

First proposed in 1985 by RI President-elect M.A.T. Caparas as a way to mobilize individuals to improve life in their communities, the RVC program was introduced to the Rotary world in the 1986 International Assembly. The program gained popularity as Rotarians saw the effectiveness of these grassroots community organizations particularly in India and the Philippines where numerous pilot corps were developed.

The RI Board has adopted the following statement of purpose and goals of Rotary Village Corps.

Purpose

To improve community living and enhance the enjoyment of life by encouraging community members to contribute to these goals by acting in the spirit of service to the community and their fellow human beings.

Goals:

- ◆ To encourage individuals to take responsibility for the improvement of their village, neighborhood or community
- ◆ To recognize the dignity and value of all useful occupations.
- ◆ To mobilize self-help activities and collective work to improve the quality of life.
- ◆ To encourage the development of human potential to its fullest, within the context of the local culture and community.

The membership of each corps shall consist of a minimum of ten adults with good character and leadership potential. Membership shall be open to men and women who are residing, employed or studying in or near the corps' village or community. Where the Rotary Village Corps name is not considered appropriate, the alternative name, "Rotary Community Service Corps" may be used.

PVP Frank C. Buenaventura